

An Analysis of Islamic University Students On Life Success Standard

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Abstrak:

Penelitian ini merupakan kajian untuk menganalisis bagaimana standar kesuksesan hidup dalam pandangan mahasiswa di Universitas Islam. Kesuksesan dianggap penting sebagai tujuan dari kehidupan tiap orang, kesuksesan memiliki standar yang dianggap sebagai tolak ukur dari suatu hal, setiap orang memiliki standar kesuksesan hidup yang berbeda-beda. Tujuan dari penelitian ini untuk mengetahui bagaimana pandangan para mahasiswa di Universitas Islam dalam memandang standar kesuksesan. Metode penelitian yang digunakan adalah deskriptif, penelitian dilaksanakan selama 1 minggu terhadap 60 Mahasiswa di Universitas Islam menggunakan kuesioner online yang disebar secara acak. Hasil penelitian menunjukkan, (1) para mahasiswa tidak menganggap sukses hanya pada hal-hal yang bersifat non-material, (2) standar kesuksesan hidup pada tiap orang berbeda-beda. Adanya perbedaan standar di tiap orang membuktikan bahwa sukses bukanlah hal yang dapat diukur melalui hal-hal khusus saja, karena dapat berlaku berbeda pada tiap orangnya. Disarankan untuk setiap orang agar tidak lagi memaksakan standar kesuksesan hidup yang sama pada tiap orang.

Kata Kunci: Standar, Sukses, Kehidupan

Abstract:

This study is a study to analyze how the standard of living success in the view of students at the Islamic University. Success is considered important as the goal of everyone's life, success has a standard that is considered a benchmark for something, everyone has a different standard of success in life. The purpose of this study is to find out how the views of students at the Islamic University in viewing the standard of success. The research used descriptive method, the research was carried out for 1 week on 60 students at the Islamic University using an online questionnaire that was distributed randomly. The results showed, (1) the students did not consider success only in non-material things, (2) the standard of living success for each person is different. The existence of different standards in each person proves that success is not something that can be measured through special things, because it can apply differently to each person. It is recommended for everyone not to impose the same standard of success on everyone.

Keywords: Standard, Success, Life

A. INTRODUCTION

As we know, success is something that everyone wants. Achieving success is not an easy thing. Success is like the pinnacle of one's efforts. Some achieve success at a young age and some achieve it in the later stages of their lives. Talking about success, it can't be separated from one of the founders of the world's largest fast food restaurant, Harland Sanders, who achieved his success in his sixties. As for one of the success stories in the world of education, Fatimah Al-Fihri, the founder of Al-Qarawiyyin, the first university in the world even before the founding of Al-Azhar in Egypt and Oxford in England. But success has its own definition for everyone. World leaders also interpret different definitions of success. Elon Musk defines success as long as you can do fun things. While the poet Maya Angelou defines success as when a person likes himself, likes what he does, and likes how he does his job.

As the era develops, the standard of success may change. In the digital era like today, working in a large-based *digital company* can be considered as success compared to people who work in less well-known companies. Likewise, people who can continue their education until bachelor degree can be considered more successful than people who choose to work immediately after graduating from high school/equivalent. At the college, it can happen when someone who has a high GPA and gets a degree *Cumlaude* can be considered to have met the standard of success compared to those who have a low GPA and don't get a degree *Cumlaude*. The standard of success is intangible, but it can be felt. For example, parents who compare their child's achievements with that of a neighbor's child or a teacher considers their students who can do math problems much smarter than their students who are active in sports.

This standard of success has both positive and negative impacts. The positive side is when a person can be better or try harder than before. While the negative impact of this standard of success is that a person will become depressed and not appreciate the effort he has done. Having a standard of success is one of several ways for us to motivate ourselves towards a better future. But, when our own standards are applied to others it could become a problem for them. For this reason, each person's standard of success is different and cannot be equated. Seeing that there is a standard of success that unwittingly requires someone to achieve something like the others, it is necessary to understand that success has different interpretations and ways to achieve for everyone.

From previous research related to this title, including those conducted by Malika Ramadhani, it concluded that there are three essential aspects of work-life that have a partially significant and simultaneous effect on career success. Such as time balance, engagement balance, and satisfaction balance. From previous research related to this title, among others, Agus Abdullah explained that emotional intelligence Has a positive correlation/relation with objective or subjective career success. Therefore, intrinsic motivation and competence are the things that can help someone achieve their success.

From previous research related to this title, including that conducted by Putu Aninditha Veera Lakshmi & Sumaryono (2018), success is a real achievement felt by individuals from their work experience. Both perception of career development and career

commitment have a role in increasing career success. Success can be obtained/accomplished if someone has responsibility for his future. Therefore, commitment in a career is very important. Career development is also a factor in the realization of success. From previous research related to this title, including those conducted by Andi Nur Efika (2016) stated that assets, worker, capability, and business location can affect business' success rate.³ Just as capital can be the key to doing a business. This can be interpreted if success is influenced by several factors. From previous research related to this title, including those conducted by Yanuar Fahmi (2018), explaining the success that is mentioned in the Qur'an is to always pray and do good deeds⁴ because a Muslim not only achieves success in this world but also in the hereafter. The world is a place for many charities, endeavors, and work. Having strong piety towards Allah, hardworking, and always being grateful are efforts to attain success.

From previous research related to this title, including those conducted by Vanessa Gaffar, Heny Hendrayati (2019) explained that there is no generally accepted definition of success in the sense that everyone's definition of success is different, failure and success can be interpreted as good management rules or indifference. Although success has different definitions, it is more important to specify what kind of business is done. The presence of skills and resources are factors in achieving success.

According to Evelyn Jingga (2021) other people have their own *success styles* that are different from ours, we obliged to do what can be done and and we don't need to feel discouraged with others' achievements because all of our efforts that made with determination at any stage of our life should be marked/considered as by our success. According to Rahmat Abdul Kharisma (2019) the definition of success for people is different. Some people would feel successful by getting a job while the other would feel successful when they can be active in the organization. These differences do not need to be compared and do not need to be a paradigm that will be underestimated.

According to Udo Yamin Efendi Majdi (2007) There are numerous definitions of success and everyone has their particular definition of success. As students or college students define success when they can get a high GPA or be the first rank. For writers, they are considered a success when they can produce a lot of papers or works. For parents, success is when they are able to educate and send their children to the highest education levels. For farmers, success is when they can produce a large amount of harvests. And for politicians, success is when they get the highest number of votes in elections. On some occasions, success is when we don't get what we want and what we don't want is unavoidable. The right place to get what we want and avoid what we don't want is heaven. The success according to Allah is when we are saved from hell and enter heaven. So we can conclude that the real success is not in this world but in the hereafter. The world where we sow that success and we will reap it in the afterlife. Success comes from a desire.

According to the Kalla Educare Scholarship Recipient (2018) quoting from a book written by Earl Nightingale, success is the progressive realization of your cherished ideal desire. Success is meant to be useful, there is no use if success will only bring disadvantages. In the Qur'an, it is mentioned that the definition of success is when one can enter Heaven. In

his book entitled *"The Seven Spirituals Law of Success"* by Deepak Chopra explains if success or success is not only limited to creating wealth even though it is part of a hard work process that sometimes sacrifices others. Success is not just about one component that is wealth. Success even includes good health, energy and enthusiasm for life, building relationships, creating freedom, emotional and psychological stability, feelings of well-being and peace of mind. Success can also be defined as the continued expansion of happiness and the progressive realization of worthy goals. We also need a spiritual approach to success. If only from experience we remain dissatisfied, then we must therefore instill divinity within us.

According to Nigel Cumberland (2016) in his book *"100 Things Successful People Do"* explains that success is the achievement of goals, dreams, and even aspirations. To live a successful life means to successfully pursue various goals. You can also write a list of what you think are success questions or statements. Optimal habits and behaviors can maximize your chances of success, they can also help form new habits and program your mental software to help achieve success. The author also makes failures and difficulties as teachers and mentors.¹¹ The author presents 100 things to help achieve any kind of success including: have a true character that makes you proud, focus on the good news, learn everything, keep a journal, seek simplicity, do it today, have clear written goals, be generous, eat and drink well, work as long as you can, and befriend fear. For Nigel, his most important success is learning to come to terms with how and what he has in his life.

According to Dr. Lila Swell in her book *"Success You Can Make It Happen"* explains that success is something that can be achieved and not an illusion. The meaning of success is different for everyone. We each have different unique needs, values, desires, and strengths. If we are not honest with ourselves and do not accept our unique identity we may not succeed no matter what we try. Strengths and positive feelings about ourselves are part of our identity. What is meant by identity are tastes, opinions, choices, desires, values, ideas, strengths, intelligence, personality traits, and physical appearance.

B. METHODOLOGY

This study used a quantitative descriptive approach. Quantitative descriptive method is a type of research that describes various conditions, situations, or various variables that arise in the community that are the object of research based on what is happening. This study aims to find out how the views of students at the Islamic University about the standard of living success.

This study involved 60 students, consisting of 51 women and 9 men, with an average age of 17-22 years and were students at Islamic universities in Indonesia. The participants were given the study questionnaire at random. In this study, the instrument used was a research questionnaire using the Google Form platform, in which there were 15 questions containing several views of success in life in various fields, such as religion, health, and happiness.

There are several stages carried out in data collection. First, the researcher understands the theories as well as previous studies that are similar to the research topic. Second, the

researcher chose the target to be given the research questionnaire. Third, randomly giving research questionnaires online to research subjects. Data analysis was carried out using the results of research questionnaires which were distributed randomly to students at the Islamic University.

C. RESULTS AND DISCUSSION

The results of research on the standard of living success for students at Islamic University can be seen in the following table:

Table 1. The results of the research questionnaire on the standard of living success to 60 Islamic University students.

NO	QUESTION	Strongly Disagree	Disagree	Agree	Strongly Agree
1.	Do you think success is about what makes you happy?	1,6%	10%	46,7%	41,7%
2.	Do you think success is when you have strong faith?	0%	3,3%	36,7%	60%
3.	Do you think success is when you have good health?	0%	8,3%	50%	41,7%
4.	Do you think success is being accepted in a well-known workplace?	18,3%	45%	35%	1,7%
5.	Do you agree that people who fail are those who do not work in famous workplaces?	40%	43,3%	10%	6,7%
6.	Do you think you are successful when you have a high position?	18,3%	55%	23,3%	3,4%
7.	Do you agree that people who do not have high positions are people who fail?	61,7%	38,3%	0%	0%
8.	Do you think that success is when you have a lot of wealth?	13,3%	60%	26,7%	0%
9.	Do you agree that people who don't have a lot of wealth are people who fail in life?	46,7%	53,3%	0%	0%
10.	Do you think that success is when you get into a public university?	18,30%	58,3%	23,3%	0%
11.	Do you agree that people who are not accepted by public universities are failed people?	56,7%	43,3%	0%	0%
12.	Do you think you are successful when you have a high GPA and can graduate faster?	11,7%	46,7%	36,7%	5%
13.	Do you agree that people who have low GPAs and don't graduate on time are failures?	48,3%	46,7%	5%	0%
14.	Do you think success is having a large following on social media and being an influencer?	25%	53,3%	20%	1,7%
15.	Would you agree that someone who doesn't thrive on social media is failure?	51,7%	46,7%	1,6%	0%

Based on table 1, it can be seen that 60 respondents had different answers to 15 questions given. In the first question, when asked whether the respondents agreed that success is when you feel happy, 1.6% answered strongly disagree, 10.6% answered disagree,

46.7% answered agree and 41.7% answered strongly agree. In the second question, when asked whether the respondents agreed that success is when we have a strong faith, as many as 0% answered strongly disagree, 3.3% answered disagree, 36.7% answered agree, and 60% answered strongly agree. In the third question, when asked whether the respondents agreed that success is when we have good health, as many as 0% answered strongly disagree, 8.3% answered disagree, 50% agreed, and 41.7% answered strongly agree. In the fourth question, asked whether respondents agree that success is when accepted in a good workplace, 18.3% answered strongly disagree, 45% disagree, 35% agree, and 1.7% strongly agree. In the fifth question, asked whether the respondents agree that people who are considered as failures who do not work in famous places, as many as 40% answered strongly disagree, 43.3% disagree, 10% agree, and 6.7% strongly agree. In the sixth question, asked whether the respondents agree that success is when they have a high position, as many as 18.3% answered strongly disagree, 55% disagree, 23.3% disagree, 3.4% strongly disagree. In the seventh question, it was asked whether the respondents agreed that people who did not have high positions were failed people, 61.7% answered strongly disagree, 38.3% disagreed, and 0% agreed and disagreed.

In the eighth question, it was asked whether the respondents agreed that they were successful when they had a lot of wealth, 13.3% answered strongly disagree, 60% disagreed, 26.7% agreed, and 0% strongly agreed. In the ninth question, asked whether the respondents agree that people who do not have a lot of assets are people who fail, 46.7% answered strongly disagree, 53.3% disagree, and 0% agree and disagree. In the tenth question, it was asked whether the respondents agreed that success was when they were successfully admitted to a State University, 18.3% answered strongly disagree, 58.3% disagreed, 23.3% agreed, 0% strongly agreed. In the eleventh question, it was asked whether the respondents agreed that people who were not accepted at PTN were failed people, 56.7% answered strongly disagree, 43.3% disagreed, 0% agreed and strongly agreed. In the twelfth question, it was asked whether respondents agree that they are successful when they have a high GPA and graduate faster, 11.7% strongly disagree, 46.7% disagree, 36.7% agree, 5% strongly agree. In the thirteenth question, it is asked whether the respondents agree that people who have low GPAs and do not graduate on time are failures, 48.3% strongly disagree, 46.7% disagree, 5% agree, 0% strongly agree. In the fourteenth question, asked whether respondents agree that success is when you have a lot of followers on social media and become an influencer, 25% strongly disagree, 53.3% disagree, 20% agree, 1.7% strongly agree. In the fifteenth question, it is asked whether the respondents agree that people who do not thrive on social media are failures, 51.7% strongly disagree, 46.7% disagree, 1.6% agree, and 0% strongly agree.

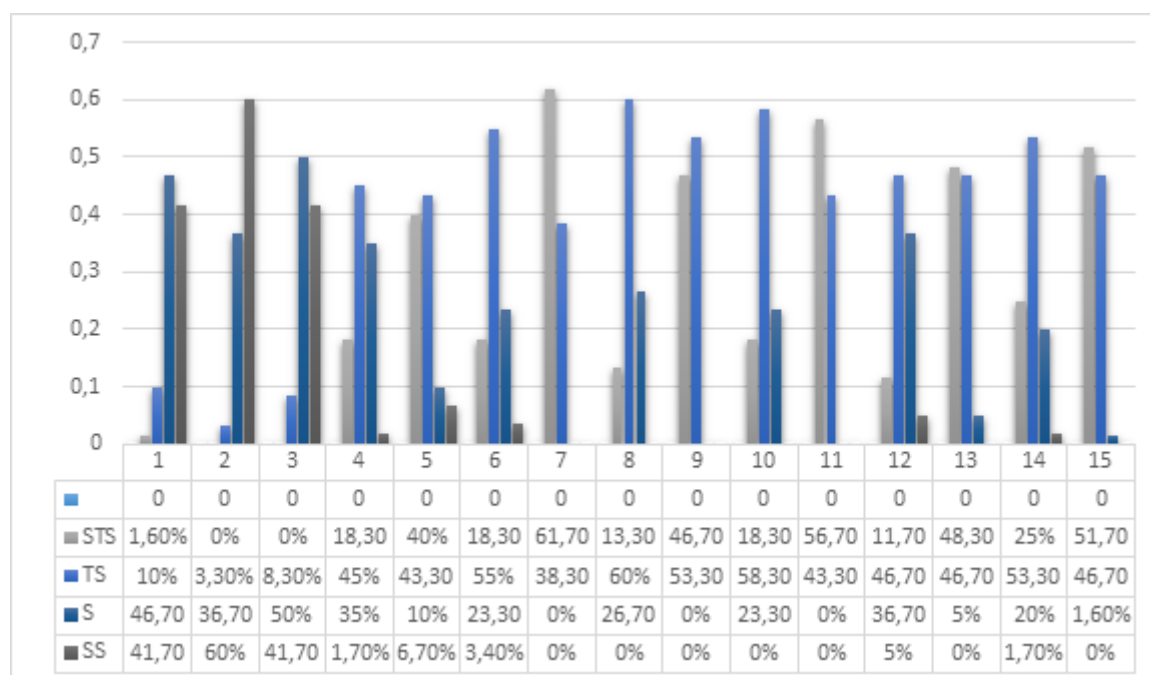


Figure 1. Diagram of a research questionnaire on the standard of living success for 60 Islamic University Students.

Based on the research that has been done, it can be seen that there are several standards of success in life that are agreed upon by students at the Islamic University. The questions that have been given discuss the standards of success in terms of career, religion, education, and health.

If the percentage of parties agree and strongly agree in the first question, the number reaches 88.4% of 60 students, it means that students agree that success is what makes them happy. A standard of success that was then agreed upon by the students, namely that success is when we have a strong faith, it can be seen from 96.7% of students who agree. While in the next question, when asked if they agree that success is when they have good health, the majority agree. This shows that the students consider that happiness, faith and health are a standard of success that they are pursuing. They prove that a standard of success in life is not material success, but non-material things such as happiness, faith, and health.

But when we look into the fourth through seventh questions, we can understand that a well-known workplace and a high position are not really the standard of success for a person. However, there are still some people who think that a well-known workplace and position affects a standard of success. This can be seen from the large number of disagreements on questions number four and number six. Most people do not agree that success in terms of career is shown by working in a famous place, and having a high position, they once again show that success does not come from material things alone.

Continuing to the eighth and ninth questions, the number of students who do not agree with the statement of success is that when we have a lot of wealth, this reinforces that

success is not material, because wealth is not a standard in a person's success in life. Although there are some students who agree that a lot of wealth is the standard of success, the percentage of students who disagree is higher.

Then in terms of education, most people around us think that being accepted into a State University, having a high GPA and graduating on time is a standard of living success. However, it can be proven in the percentage of questions numbered ten to thirteen that more students disagree with the existing standards. They are more agreeable that these things are no longer the standard of success in life that they must meet.

Then when we look at the percentage of students who answered the last two questions, the results show that having a large number of followers on social media and being an *influencer* is not the standard of living success from the views of students at Islamic University. This is proof of the rejection of the many information circulating that the standard of success at a young age is to have a lot of followers on social media, and become an *influencer* for others.

From the various sides that the researcher chooses as questions, it can be proven that the standard of success of each person is different, we cannot take the same standard in each person, because there are many different factors in each person's environment, thus making a difference. in their standard of success. But the majority of the answers also prove that students do not see success only from material things, they even make non-material things such as health, happiness, and strong faith as a standard of success in their life.

D. CONCLUSIONS

Success in life is not only about material things such as wealth. Success in life can be in the form of things that are non-material such as faith, happiness, and health. In the end everyone has their own standard of success in their life. There are those who make wealth as their standard, while those who make strong faith their standard of success. However, if we look at the results of a survey conducted by researchers, it shows that students do not only use material things as their standard of success. They also agree that non-material things become the standard of their success. Based on the results of this study, the researchers tried to provide good suggestions for future researchers So that future researchers can further prove how the standard in success; This research can be developed further by using other methods such as interviews, comparing several existing methods and so on.

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